Beginning Teacher Newsletter

Mindful Communication

Standard IV element g: Teachers communicate effectively. Teachers communicate in ways that are clearly understood by their students. They are perceptive listeners and are able to communicate with students in a variety of ways even when language is a barrier. Teachers help students articulate thoughts and ideas clearly and effectively.

The online version of the Miriam-Webster dictionary defines the noun mindfulness as the practice of maintaining a nonjudgmental state of heightened or complete awareness of one’s thoughts, emotions, or experiences on a moment-to-moment basis.

In your communication with students, parents and colleagues, do you implement a mindfulness attitude. We have had a very unique school year with hurricanes, illnesses and yes completing licensure requirements. This time of year can be very stressful as you push yourself and your students to be the best you can be and they can be. I would encourage you to be mindful in your communication, be positive, be professional, be factual and be supportive. It is very easy to get lost in the situation.

We know you work hard and want the very best for your schools and students. We are very mindful of your value and impact to Bladen County Schools.